

A reflection for loss and grief.

Heaven is our home.

by Mother Teresa of Calcutta



Heaven is our home. People ask me about death and whether I look forward to it and I answer, "Of course", because I am going home.

Dying is not the end, it is just the beginning. Death is a continuation of

life. This is the meaning of eternal life; It is where our soul goes to God, to speak to God, To continue loving him with greater love because in Heaven we shall be able to love him with our whole heart and our soul because we only surrender our body in death - our heart and our soul live forever.

When we die we are going to be with God, And with all those we have known who have gone before us: Our family and our friends will be there waiting for us.

Heaven must be a beautiful place. Every religion has an eternity, another life. People who fear death are the ones who believe this is the end. I have not known anyone die in fear if they have witnessed the love of God. They have to make their peace with God, as do we all.

People die suddenly all the time so it could happen to us too at any moment. Yesterday is gone and tomorrow has not yet come, so we must live each day as if it were our last, so that when God calls us we are ready, , and prepared to die with a clean heart.

(Picture by [Rebecca Quinn yr.12](#) St Joseph's Grammar School Donaghmore)

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