Section A: The Gifts and Fruits of the Spirit

Fill in the 10 blanks in the statements below using the following words and numbers: 9, fruits, live, 7, recognise, gifts, Christian, virtues, visible, root.

The Gifts of the Holy Spirit are particular ________ given to us by the Holy Spirit that help us to ________ like God wants us to. We are given ________ gifts of the Holy Spirit.

The fruit of a tree is the part of the tree that is normally ________ to all. We can ________ which tree is which because of their fruit. When the ________ of the Holy Spirit take ________ in our hearts, the ________ of the Spirit become visible in our lives. There are ________ fruits and people can tell we are ________ when these fruits are visible in our lives.

What gift of the Holy Spirit do you think you are good at putting into action? How would others notice this?

What fruit of the Holy Spirit do you think you are good at putting into action? How would others notice this?

Section B: The Gifts of the Holy Spirit

Match the gift of the Holy Spirit to the appropriate description or example

A moment when you say a prayer or do something prayerfully or equally those moments when you show a deep respect for yourself, for others and for the planet.
Gift? ______________________________

A moment when you have to make a big decision or a hard decision and you ask the Holy Spirit to help you make the right decision.
Gift? ______________________________

A moment when you were struck by the beauty of nature or the miracle of life and what it is to be human.
Gift? ______________________________

A moment when we are able think as God thinks, when we can put ourselves in another’s shoes and be more accepting of and kinder to others
Gift? ______________________________

A moment when we can see as God sees and can respond gently and astutely to life, trusting that there is a bigger picture that we may not fully see at the time.
Gift? ______________________________

A moment when you ask the Holy Spirit to help you know God better, know yourself better and know what is important in life.
Gift? ______________________________

A moment when even though you are nervous or anxious about something you still do it as you know that it is the right thing to do.
Gift? ______________________________
Fruits and Gifts of the Holy Spirit

1. Find the 7 gifts and the 9 fruits of the Holy Spirit in the word box on the left.

2. Solve the following anagrams to identify the fruits of the Holy Spirit:
   - aceeinpt ____________ deiknss ____________
   - eeeglnnsst ____________ capee ____________
   - vleo ____________ songdose ____________
   - yjo ____________ hisaftsufne ____________
   - istrolefnco ____________

3. Suggest the fruit or gift of the Holy Spirit that you think might be most helpful to the following people:
   - Teacher ____________ Firefighter ____________
   - President ____________ Parent ____________
   - Priest ____________ Gardener ____________

Family Assignment

(Fill the following section with members of your family)

1. Get each member of the family (where possible) to do the following:
   a) Write down the fruits and gifts of the Holy Spirit that you can clearly see in each member of the family.
   b) Show your answers to each other and see if anybody wrote the same things.
   c) Share with each other the ways in which you see these particular fruits or gifts in each other.

2. To confirm, means to strengthen or to make sure. Get each member of the family to write down one or two fruits and gifts of the Holy Spirit that they would like to strengthen in their lives.
   a) Share with each other the fruits or gifts that you wrote down and the reasons why you would like to strengthen these fruits and gifts.
   b) See if you can suggest ways in which you can help each other strengthen these fruits or gifts.

3. If you want to do something fun together, mime a fruit or gift of the Holy Spirit and see if the others can guess what you have mimed.

4. God is Family - Just like team spirit can help a team achieve more than they expected, the Holy Spirit helps us as individuals, families and communities to achieve more than we might achieve on our own. Think of how you would like the Holy Spirit to help you to grow as a family. Pray for this together as you pray... Our Father...