



6th - 9th
APRIL

Armagh Diocesan Trócaire Run 2014

The Bann to the Boyne

This Lent Trócaire is working with communities in Malawi to provide access to clean safe water. Sponsor or take part in this four day event and **get water running!**

EACH DAY

Prayer Service - 8.30am

Run Starts - 9am

Run Finishes - 2pm



Fr. Gerry Campbell, Trócaire's Armagh Diocesan Representative, will be running the full four day marathon.

SUNDAY 6TH APRIL

Newbridge to Dungannon

- Church of St. Trea (via St Pius X College Magherafelt 4.7 miles) to Moneymore Main Street - 9 miles
- Moneymore to Cookstown Church of the Holy Trinity - 4.5 miles
- Cookstown to Dungannon Church of St. Patrick - 9.8 miles

MONDAY 7TH APRIL

Dungannon to Newtownhamilton

- Church of St. Patrick (Dungannon) to St. Patrick's Cathedral Armagh - 12 miles
- Armagh to Newtownhamilton: Church of St. Michael - 12.4 miles

TUESDAY 8TH APRIL

Newtownhamilton to Castlebellingham (Co. Louth)

- Church of St. Michael Newtownhamilton to Silverbridge GAA Club - 7.8 miles
- Silverbridge, (via St. Brigid's Church, Kilcurry 4.6 miles) to Church of St. Patrick, Dundalk - 9 miles
- Dundalk to Castlebellingham Post Office - 7.7 miles

WEDNESDAY 9TH APRIL

Castlebellingham to Drogheda

- Church of St. Mary Castlebellingham to Church of St. Brigid, Dunleer - 4.9 miles
- Dunleer to Church of St. Peter, Drogheda - 8.8 miles

WITH YOUR SUPPORT, WATER CAN CHANGE HER FUTURE

Enestina (9) lives with her family in a small village in central Malawi. Every day she gets up at 5am and walks a kilometer with her mother to collect water from a small local river. They often make this journey up to six times a day. Because she spends so much time fetching water Enestina can be late for school or too tired to study. What little water they collect is dirty, so she and her family are often ill.

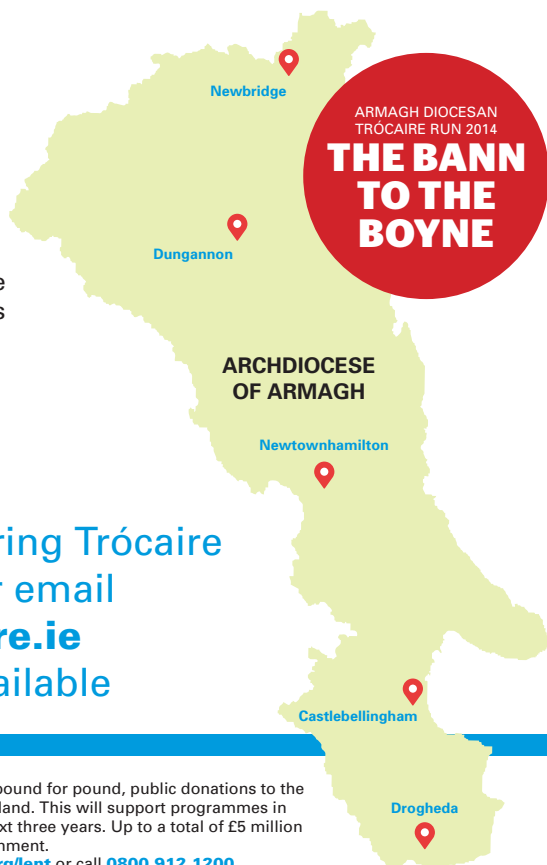


Fr. Gerry visiting Enestina, the little girl on this year's Trócaire box.

ACCESS TO CLEAN WATER TRANSFORMS LIVES.

With your support Trócaire is working with communities, like Enestina's, to provide water pumps and irrigation systems for cooking, cleaning and farming. We are also supporting communities to challenge their local government to gain access to the water services they need and have a basic right to. To learn more about our Lent 2014 campaign, Enestina and her community visit www.trocaire.org/lent

For more information ring Trócaire on **028 9080 8030** or email **pmcloughlin@trocaire.ie**
Sponsorship forms available



Matching your
donations with
UKaid

The UK government will match, pound for pound, public donations to the Lenten Campaign in Northern Ireland. This will support programmes in Malawi and Zimbabwe for the next three years. Up to a total of £5 million will be matched by the UK government. To donate visit www.trocaire.org/lent or call **0800 912 1200**.