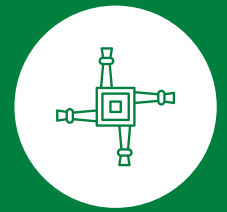


# OPPORTUNITIES FOR PRAYER TO SAINT BRIGID



During the celebration of Saint Brigid's 1500th anniversary we invite all to partake in moments of deep connection and reflection with this beloved saint. Throughout this anniversary year we will have numerous opportunities to engage in prayerful communion with Saint Brigid and embrace her timeless wisdom and grace.

## 1. Pilgrimage to the Outdoor Shrine at Faughart

An invitation is offered to all to make a pilgrimage to St. Brigid's Shrine at Faughart which is located near the birthplace of Saint Brigid. This sacred place, dedicated to her legacy, provides a serene sanctuary for contemplation, prayer, and a soulful connection with Saint Brigid's spirit.

## 2. Visit St. Brigid's Well

Close to the outdoor shrine and also near Saint Brigid's birthplace lies St. Brigid's Well—a place steeped in reverence and devotion. Here, visitors are encouraged to partake in moments of prayer and reflection at this sacred site associated with the healing powers channeled by God through Saint Brigid.

## 3. St. Nicolas Church, Dundalk

Within St. Nicolas Church lies a dedicated and intimate prayer space devoted to Saint Brigid. This sanctuary hosts a relic of Saint Brigid and offers solace and tranquility. We invite all to visit, pray and kindle the flame of faith, hope and love by lighting a candle in honour of Saint Brigid.

## 4. Community and School Prayer Initiatives

Communities and institutions are encouraged to unite in conscious prayer initiatives dedicated to Saint Brigid throughout this jubilee year. Together, they can weave a tapestry of collective devotion, fostering moments of spirituality and reverence.

## 5. Embracing Family Prayer

At the heart of this jubilee lies the desire to share the legacy of St. Brigid with a new generation and so we invite our parish communities to develop creative opportunities and spaces for families and young people to pray with St. Brigid. Families themselves are encouraged to gather in prayerful communion with Saint Brigid, nurturing a legacy passed down through generations.

## 6. Family Prayer and Supporting Parents

Communities and schools are asked in particular to encourage parents to share the rich stories of St. Brigid's life - a treasured inheritance that can enrich the hearts and minds of their children.

In these diverse suggestions for prayer and reflection, the Archdiocese offers us the means to connect with St. Brigid's faith, wisdom and compassion.

